

# Welcome to The Medford Senior Center

# March 2018



| SUN                 | MONDAY                                                                                      | TUESDAY                                                                                                                                                      | WEDNESDAY                                                                                                                                   | THURSDAY                                                                                                                              | FRIDAY                                                                                                                                      | SAT             |
|---------------------|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
|                     |                                                                                             |                                                                                                                                                              |                                                                                                                                             | 1                                                                                                                                     | 2                                                                                                                                           | 3               |
|                     |                                                                                             |                                                                                                                                                              |                                                                                                                                             | 8:30 Skipbo<br>9:15 Writers<br>9:30 Stretch<br>1:00 Bridge<br>1:00 Jog Your Memory<br>1:00 Line Dance                                 | 8:30 Skipbo<br>9:00 Craft: Simple Beaded Bracelet<br>12:30 500 Cards<br>12:30 Dominoes<br>12:30 Pinochle                                    | 12:30 Bingo<br> |
| 4                   | 5                                                                                           | 6                                                                                                                                                            | 7                                                                                                                                           | 8                                                                                                                                     | 9                                                                                                                                           | 10              |
| 1:30 Square Dance * | 8:30 Skipbo<br>11:15 Alzheimers<br>12:30 Pinochle<br>1:30 BINGO<br>                         | 8:30 Skipbo<br>9:00 Bridge<br>9:30 Stretch<br>10:00 Spanish<br>12:00 Canasta<br>12:30 Dominoes                                                               | 8:30 Skipbo<br>9:00 Alzheimers<br><b>11:00 Blood Pressure</b><br>12:00 50/50<br>1:00 Legal By Appt<br>1:30 BINGO<br>7:00 Square Dance *<br> | 8:30 Skipbo<br>9:15 Writers<br>9:30 Stretch<br>1:00 Bridge<br>1:00 Jog Your Memory<br>1:00 Line Dance                                 | 8:30 Skipbo<br>9:00 Craft: Rock Painting<br><b>8:00 Hearing Check</b><br>12:30 500 Cards<br>12:30 Pinochle<br>12:30 Dominoes<br>12:30 Bunco | 12:30 Bingo<br> |
|                     | 12                                                                                          | 13                                                                                                                                                           | 14                                                                                                                                          | 15                                                                                                                                    | 16                                                                                                                                          | 17              |
| 1:30 Square Dance * | 8:30 Skipbo<br>11:15 Alzheimers<br>12:30 Pinochle<br>1:30 BINGO<br>                         | 8:30 Skipbo<br>9:00 Bridge<br>9:30 Stretch<br>10:00 Spanish<br>12:00 Canasta<br>12:30 Dominoes<br><b>12:00 PIE SOCIAL</b>                                    | 8:30 Skipbo<br>9:00 Alzheimers<br>12:00 50/50<br>1:30 BINGO<br>7:00 Square Dance *<br>                                                      | 8:30 Skipbo<br>9:15 Writers<br>9:30 Stretch<br>1:00 Bridge<br>1:00 Jog Your Memory<br>1:00 Line Dance<br><b>MEMBER BDAY LUNCH</b>     | 8:30 Skipbo<br>9:00 Craft: Shamrocks/Limericks<br>12:30 500 Cards<br>12:30 Pinochle<br>12:30 Dominoes                                       | 12:30 Bingo<br> |
|                     | 19                                                                                          | 20                                                                                                                                                           | 21                                                                                                                                          | 22                                                                                                                                    | 23                                                                                                                                          | 24              |
| 1:30 Square Dance * | 8:30 Skipbo<br>11:15 Alzheimers<br>12:30 Pinochle<br>1:30 BINGO<br>                         | 8:30 Skipbo<br>9:00 Bridge<br>9:30 Stretch<br>10:00 Spanish<br>12:00 Canasta<br>12:30 Dominoes                                                               | 8:30 Skipbo<br>9:00 Alzheimers<br><b>11:00 Blood Pressure</b><br>12:00 50/50<br>1:30 BINGO<br>7:00 Square Dance *<br>                       | 8:30 Skipbo<br>9:15 Writers<br><b>9:30 Hanley Farm Tour</b><br>9:30 Stretch<br>1:00 Bridge<br>1:00 Jog Your Memory<br>1:00 Line Dance | 8:30 Skipbo<br>9:00 Craft: Embellished Easter Eggs<br>12:30 500 Cards<br>12:30 Pinochle<br>12:30 Dominoes                                   | 12:30 Bingo<br> |
|                     | 25                                                                                          | 26                                                                                                                                                           | 27                                                                                                                                          | 28                                                                                                                                    | 29                                                                                                                                          | 30              |
| 1:30 Square Dance * | 8:30 Skipbo<br>9:00 Book Discussion<br>11:15 Alzheimers<br>12:30 Pinochle<br>1:30 BINGO<br> | 8:30 Skipbo<br>9:00 Bridge<br>9:30 Stretch<br>10:00 Spanish<br><b>10:30 Safety Awareness</b><br>12:00 Canasta<br>12:30 Dominoes<br><b>1:00 Board Meeting</b> | 8:30 Skipbo<br>9:00 Alzheimers<br>12:00 50/50<br>1:30 BINGO<br>7:00 Square Dance *<br>                                                      | 8:30 Skipbo<br>9:15 Writers<br>9:30 Stretch<br>1:00 Bridge<br>1:00 Jog Your Memory<br>1:00 Line Dance                                 | 8:30 Skipbo<br>9:00 Craft: April Fools History Fun<br>12:30 500 Cards<br>12:30 Pinochle<br>12:30 Dominoes                                   | 12:30 Bingo<br> |
|                     |                                                                                             |                                                                                                                                                              |                                                                                                                                             |                                                                                                                                       |                                                                                                                                             |                 |

**Blood Pressure Checks Hosted By  
Healthy Living At Home Health**

**March 13  
Pie Social | 12 Noon  
Sponsored by Weatherly Inn**

**March 14  
Special Musical Group  
The Ashland Brass  
St Patrick's Day Tunes**

**March 15  
Member Birthday Lunch | \$6.50  
Register/Pay at Office**

**March 22  
Hanley Farm and House Tour  
\$5 Members Only  
Leave Center at 9:30am**

**March 26  
Book Discussion | 9:00am**

**March 27  
Personal Safety Awareness  
10:30am  
Free for Members**

**March 27  
Board Meeting  
1:00pm**

\* Square Dance schedule and fees are managed by Denny. He can be reached at [dennylan@imavip.net](mailto:dennylan@imavip.net).