

Medford Senior Center Lunch Menu

April 2019

Served 11:30am - 12:30pm

Our Lunch Program continues thanks to Food & Friends. Member Lunch Cost is \$3.75

SIGN UP at the Reception Desk to ensure we have an accurate count to order food for following week. Lunch is served while quantities last.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Movie: 10am <u>Rear Window</u> Pot Luck- Bring your own snacks to share.</p>	<p>2</p> <p>Asian Chicken Salad over Spinach/Romaine Marinated Zucchini Wheat Rolls Spiced Peaches</p>	<p>3</p> <p>Sliced Roasted Turkey w/Gravy Roasted Red Potatoes Broccoli ,Herb Bread Frosted Lemon Cake</p>	<p>4 (sign up for next week)</p> <p>Meatloaf W/ Gravy Mashed Potatoes Country Cottage Blend Veg French Bread Bread Pudding w/Raisins</p>	<p>5</p> <p>Mexican Pasta Bake Tossed Salad w/Ranch Chuckwagon Corn Wheat Roll Fresh Banana</p>
<p>8</p> <p>Movie: 9:45am <u>First Man</u> Pot Luck - Bring your own snacks to share.</p>	<p>9</p> <p>Macaroni & Cheese Escalloped Tomatoes Scandinavian Blend Veg Herb Roll Pineapple Fluff</p>	<p>10</p> <p>Chili w/Beans Italian Blend Veg Fiesta Veg Corn Bread Chocolate Chip Cookie</p>	<p>11 (sign up for next week)</p> <p>Roast Pork w/Gravy Garlic Mashed Potatoes Capri Blend Veg Cracked wheat Bread Apple Cobbler</p>	<p>12</p> <p>Egg Salad Sandwich on Whole Wheat Bread Apple Cranberry Coleslaw Spinach/Romaine Salad Frosted Cake</p>
<p>15</p> <p>Movie: 930am <u>Gone to Texas</u> Pot Luck - Bring your own snacks to share.</p>	<p>16</p> <p>Lemon Herb Chicken Sr Cream/Chive Potatoes Green Beans Seven Grain Bread Hermit Bar</p>	<p>17</p> <p>Meatloaf w/Creole Sauce Roasted Red Potatoes Green Peas Multigrain Bread Grace's Choc Cookie</p>	<p>18 (sign up for next week)</p> <p>Curry Chicken Salad over Spinach/Romaine Marinated Broccoli Whole Wheat Bread Frosted Cake</p>	<p>19</p> <p>BBq Pork Riblet Sandwich On a Bun Tater Tots / Ketchup Capri Blend Veg Cookies & Cream Fluff</p>
<p>22</p> <p>Movie: 10am <u>Chariots of Fire</u> Pot Luck - Bring your own snacks to share.</p>	<p>23</p> <p>Ham & Scalloped Potatoes Country Cottage Veg Blend Cabbage & Carrots Oat Bran Bread Pineapple Crisp</p>	<p>24</p> <p>Turkey Tetrazinni Normandy Blend Veg Harvard Beets Rye Bran Bread Frosted Carrot Cake</p>	<p>25 (sign up for next week)</p> <p>Oriental Shoyu Chicken with Rice Oriental Blend Veg Marinated Veg Salad Sugar Cookie</p>	<p>26</p> <p>Shepherds Pie Capri Blend Veg Green Peas Onion Bread Spiced Apple Sauce</p>
<p>29</p> <p>Movie: 10am <u>Dreamer</u> Pot Luck - Bring your own snacks to share</p>	<p>30</p> <p>Chicken Pot Pie with Biscuit Italian Blend Veg Garden Veg Salad w/ Thousand Island Grace's Choc Bar</p>	<p>Allergen Alert</p> <p>A variety of foods are prepared in the kitchen;thus,meals maybe prepared with ingredients and equipment may come in to contact with ingredients to which you may have an allergic reaction, such as nuts</p>		