

MEDFORD SENIOR CENTER

Fostering Fun, Food, Activities, Education and Community
with Seniors Since 1963



March and April 2026



Open Wed, Thur, Fri
9:00am – 2:30pm

March 8
Daylight Savings
Spring forward 1 Hr

March 14 / 16
Library Programs
More Inside

March 17
Saint Patricks Day

March 23 / April 27
Board Meeting
10am at Center

April 1 / 2
AARP Driver Safety

April 5
Easter Sunday

April 10 / 11
Pear Blossom
Festival

Staffing issues may
require early closure after
classes on Wed. or Thur.

GREETINGS FROM THE BOARD

Hope all of you enjoyed the holidays with friends and family.

We are saying farewell to our kitchen volunteer chef Paul and his able assistant (and wife) Barbara. We sincerely appreciate the year they have spent with us. They are moving on providing more service to their church and attention to their catering business. Upon their recommendation we have a new Friday chef. Welcome to Harley, who will volunteer the month of February working with Janet, Paul, and Barbara and will continue with a nominal weekly payment. We are seriously trying to keep our lunch cost at the same rates as we all are aware of the increase in the cost of groceries. If we must increase lunch rates you will be given ample notice.

Many projects have been wrapped up: new kitchen back door, painting of the inside of the building, new lighted Exit signs, classroom hall Fire Exit door, and the classroom furnishing updated. By the time you receive this newsletter we will have new chairs for the main hall. March/April we have professional cleaning of main hall floor, carpet cleaning, window cleaning, new blinds in office back area and a new sound system for the main hall. We will be celebrating our 250th year of independence on July 3, 2026 with a SPECIAL BBQ luncheon. Tickets will be available in June (\$10 for members, \$12 for non-members).

Four current Board members will wrap up their two-year commitment in June: Janet Johnston, Ceasar Quinonez, June Gress, and Joan Rycraft. Please consider stepping up and offering your time and expertise. Board meetings are the fourth Monday of the month at 10:00 am. They are open to all members. Come and share your thoughts.

Stay warm and be careful in the snow and ice that is being projected.

.....CLASSROOM USE FOR MEMBERS.....

The Classroom has new chairs, tables, a large screen t.v. and WIFI. If a member has a group they would like to have meet in the classroom during regular open times, it might be possible. Ask at the front desk.

.....VOLUNTEER OPPORTUNITIES.....

The Center often has need of volunteers in the thrift shop, lunch duties and other areas. Inquire at info@medfordseniorcenter.org

DAY	TIME	ACTIVITY
Tuesday & Saturday	10:00am - 3:00pm	BINGO
Wednesday	10:00am 11:30am	Stretch Exercise, Members FREE; Non Members \$1.50 Line Dance – Advanced; Donation
Thursday	10:45am 12:30pm	Chair Yoga; \$5 to Instructor Line Dance: Beginner and Intermediate; Donation
2 nd Thursday Month	4:00pm	BINGO
Friday	10:00am 11:00am 11:30am-12:15pm 1:00pm	Stretch Exercise, Members FREE; Non Members \$1.50 Drop In Spanish; \$1 to Instructor Lunch BUNCO/1 st Fri of Month/Call 541-608-0590 to register

The Center has coffee and tea available as early as 9:15am and as late as 2:15pm for those wanting to work on the community puzzle, play cards or meet up with others.

PEAR BLOSSOM | April 10 and 11 | Medford

Street Fair: Friday Noon – 10pm and Saturday 7am – 6pm, Food, games, arts and crafts. Saturday Parade starts at Beatty & Central, proceeds down Central Avenue, turns right onto West Main Street and begins dispersing at Mistletoe.

PEAR A FARE April 10 3pm-10pm | April 11th 10am – 6pm

Located at the Parking Lot Corner ... Central and 5th Streets in Medford.

Vineyards, breweries, distillers, local artisan food makers are all under the festival canopy serving tastes, and selling products. Tasting glasses and tickets will be for sale at the entrance. Admission is \$5, includes 5 taste tickets.

GENEALOGY ROADSHOW Medford Library | March 14 | 1:00pm – 4:00pm | FREE

Partnering with the Rogue Valley Genealogical Society, volunteers will offer one-on-one “speed genealogy” sessions to answer your questions, explore your family history, and help you uncover new connections using free library and online resources. Registration Required: 541-774-8690

ANDROID BASICS Medford Library | March 16 | 10:30am – 11:30am | FREE

Topics include: All the buttons and operating system: lock screen, home screen, navigation gestures (swipe right left, tap, press), quick settings menu, app-drawer, phone settings menu, multiple home screens, notification center, widgets, the keyboard, and more. Phones and tablets are not provided to attendees, please bring your own. There will be time set aside for questions and answers. No registration is required.

BUNCO? We have that. The first Friday of every month players get together for food and BUNCO. Call Wendy to get your name on the list: 541-608-0590.

HORTON PLAZA ANNUAL QUILT SHOW

March 27 and 28 | 10am – 4pm

FREE...1122 Spring Street in Medford

WEATHER RELATED CLOSURES: The Center is closed when the parking lot is iced over and/or when the Medford School District is closed due to weather; usually broadcast on radio and television.

FRIDAY MENU

\$5 Members
\$7 Non-Members

11:30am – 12:15pm
While Quantities Last
Beverage Included

MARCH

6th Spaghetti and Meatballs, Garlic Bread, Salad
13th Corn Beef and Cabbage
20th Chili Cheese Dogs and Chips
27th Taco Salad

APRIL

3rd Sloppy Joes and Tater Tots
10th Lasagna and Salad
17th Chicken Alfredo, Garlic Bread
24th Burgers and Chips

MEDFORD SENIOR CENTER PANTRY.....

Do you have some food products in your pantry you no longer want? If so, we have a pantry where you are welcome to bring unopened food products for those who might need them. Please bring your items to the front desk. Thank you.

FOOT CARE BY APPOINTMENT

RN Denise Bennefield, Essential Foot Care, continues offering appointments at the Center at a reduced cost to members. She donates part of her proceeds to the Center.

Phone 541-821-5347 to schedule.

AARP DRIVER SAFETY | APRIL 1 and 2

This 2-day course is held 9:30am-1:00pm. The program teaches driving techniques to help keep you and your loved ones safe on the road.

\$20 AARP Members | \$25 Non Members. Pay instructor at Class with check payable to AARP.

Call the Center to register: 541-772-2273

SOUTHERN OREGON HOME AND GARDEN SHOW | March 20-22

Over 175 home & garden exhibitors will be in attendance for the largest event of its kind in our region. Community Works, CASA and others will be onsite sharing information on how they support those less fortunate in the Rogue Valley. Jackson County Expo...More Info: buildso.com

APPLE IPHONE INFORMATION

The Center has a multipage document on how to work with your iPhone. Navigation, making calls, securing your phone, changing text size, sending text messages, Apps and more. Ask at the Front Desk.

NEW! NEW! We are partnering with the Medford library to bring programs to the Center. Currently we are working with them in structuring a Book Club. They provide the books and sometimes a meeting will be accompanied with a movie. If we have your e-mail you will be among the first to know all about it.

ACCESS SENIOR FAIR

March 24 | 9:00am—3:00pm | FREE

Held at Rogue X in Medford. This annual event is dedicated to connecting community members with essential resources. Healthcare providers, assisted living facilities, senior-focused social service agencies, financial planning and legal professionals, local hospitals, and art organizations showcasing creative programs for seniors.

BOTTLE DROP

We are working to establish a bottle drop account and hope to have it available in March.

We will email information when available and provide it at the Center.

PHOTO USE: On occasion, Center staff or contractors may photograph participants in programs, events or those on Center property. Photos may be used for illustrative and promotional purposes.

March 21, 2026

PROJECT UPDATES

DONE! Classrooms have new tables and chairs and we welcome any member interested in reserving for use by their card group, etc. Other programs will be considered. We are still looking for volunteers to lead a craft or yarn program, or?????

DONE! Installed a security and emergency exit door to the hallway that leads to classrooms in accordance with recent Building and Fire Department requests. Also replaced exterior Kitchen door with a security door and security screen for those hot kitchen days.

DONE! Painting is finished in all but the kitchen and we are holding off on any more painting for the time being.

DONE! Updated all lighted Emergency exit signs.

DONE! All new banquet chairs...2 ½" cushions!

DONE! Purchased an air purifier that can be placed at various areas of the building.

DONE!: Installed new window coverings in the back area of the front office.

DONE!: Main Hall speakers and wires were removed and updated with new ones. Speaker and Bingo wires are hidden everywhere possible.

IN PROGRESS: Sanitech, a commercial cleaning company, is being scheduled to clean and wax the Main Hall and other hard surface areas. They will also be cleaning all carpet areas although not the same time they do Main Hall floor. They will be here in spring to clean all windows inside and out.

STILL LOOKING FOR SOLUTION: We are soliciting replacement lighting for the Main Hall. something a bit brighter would be nice. Need to ensure solution works with our '70s wiring. Lighting/Energy groups are being consulted on what options are available.

STILL LOOKING FOR SOLUTION: Would welcome a landscape design, especially in areas adjacent to building. Ideally it would incorporate drought tolerant plants.

Thank you for your continued support and attendance at the programs. If you have suggestions or can help out with solutions in some way please let the Front Desk folks know, or your nearby Board Member.

Medford Senior Center Board of Directors

Medford Senior Center

Wednesday / Thursday / Friday | 9:00 AM – 2:30 PM

510 E. Main Street in Medford Oregon

541-772-2273 | Info@medfordseniorcenter.org

Medford Senior Center
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